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editorijless@gmail.com

Volume: 3, Issue 2, 2016 (Apr-June)

INTERNATIONAL JOURNAL OF LAW, EDUCATION, SOCIAL AND SPORTS STUDIES (IJLESS)

www.ijless.kypublications.com/

ISSN:2455-0418 (Print), 2394-9724 (online)

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www.kypublications.com

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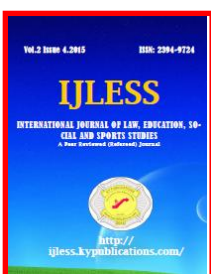
Family Violence And woman's Health Risk Due To Family Violence

RESEARCH ARTICLE

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ABSTRACT

In this research the researcher will highlight the various types of violence based on family violence which a woman usually under goes at the time of any kind of threat physically, emotionally, psychologically, economically, etc. Which effects her health due to various factors as a result the status of women is reduced giving man the sole authority over women, The chief aim for this research is to raise the status of women by making them aware of their rights and how to prevent further family violence placing them on equal level of men.

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INTRODUCTION AND OBJECTIVE OF THE RESEARCH

The chief purpose of the research paper is to identify the health risk of family violence on women and its effects .Some of the research objectives are as follows

- To study the nature, extent and seriousness of the family violence.
- To identify the correlates of family violence against women.
- To find out the relationship between traditional sex-based roles violence.

To check whether dependency objective or subjective or both are the cause, condition or instigating factor of family violence.

- To find out whether the abused women seek the help of informal or formal agencies and to what extent these agencies are successful in solving the problems of the abused women and do they give them a sense of security and surety .
- To find the reasons for which abused women continue to stay in abusive relationship.
- To examine the impact of domestic violence on the abused women, their children and inter-family relations.
- To suggest measures to control, minimize and, if possible, eradicate family violence against women.
- To prevent demand for dowry and demand for male child and abortion.
- To recommend safety measures to women and to raise their status in their homes and society at large.

Note - The given above reasons for this research is because these reasons determine the health of women as they often suffer, stress, trauma, physical, and sexual abuse psychologically or emotionally. At times even economically which often lead to suicide.

Research Questions: In order to achieve the research objectives the researcher has to answer some research questions that are as follows :

- 1 What are the different types of family violence?
- 2 What are the effects of family violence on women?
- 3 How family violence destroys the performance of working women?
- 4 How family violence affects others members of the family especially children?

Justification

With the help of this research paper the researcher is able to bring about a balance in family life devoid of violence . Moreover all women will be able to get equal rights and opportunities and thus enhance their skills and knowledge. Women will get various challenges in their personal and professional life. This research will also motivate husbands to raise the standards of their wives and women in a society especially in Jaipur and gradually in India .This research in turn will change the mind set of men and society.

Background

There are various methods through which, a researcher is able to understand the various family violence imposed especially on women. The main aim of the researcher is to identify different strategies, policies and practices for improving the safety and status of women in India .Besides the researcher will also analyse the violence and use various concepts to prevent family violence in homes and society at large .Researchers can find different factors that motivate women to work in a safe environment with awareness of safety norms. Researchers can also improve the level of mind set of men to appreciate women with dignity. There are several factors that affect family violence such as sexual abuse , emotional abuse, psychological abuse, etc with the help of this research the researcher is able to use appropriate methods for improving the life of victims who have witnessed any sort of family violence . A researcher can generate awareness about the importance of working women which most often is not given by their family members.

A researchers overview on all forms of violence against women is essential. In order to evaluate better the scale of such violence, while identifying gaps in data collection and formulating proposals for assessing the extent of the problem.

A researcher can find the causes of violence against women, including its root cause and other contributing factors and further more detect the medium and long-term consequences of violence against women and see to the health, social and economic costs of violence against women. The identification of best practice is through examples in areas including legislation, policies, programmes and effective remedies, and the efficiency of such mechanisms to the end of fighting and removing violence against women. This study will evaluate findings, and identify good practices and will be effective.

Research methodology

Research methodology can be defined as methods or ways used to accomplish the research successfully. It is a systematic means of collecting data and information for the research that could be used to accomplish the research. The purpose of this research is to assess the data and statistics currently available regarding the extent, nature and consequences of all forms of violence against women, evaluate the quality of the data, and identify remaining gaps in data collection .The scope of data collection (at national/local level, with regional or sub-regional coverage, Methodological problems assessment of needs of policy makers and professionals working to prevent violence against women.

Several studies include measures of severity, determined either by actual injuries or by classifying the acts according to their risk of injury. Some studies have used other types of measures to classify severity, such as violence during pregnancy, whether the woman feared for her life, the emotional impact of the violence, being unable to work or care for children as a result of the violence, the number of violent incidents, or physical and sexual violence together will help the researcher to determine successful completion of the research.

Most of the surveys measure family violence which is defined as violence perpetrated by current and former spouses, co- habiting partners, dates, and boyfriends. Some studies include violence by same-sex intimate partners. Other surveys, particularly, the International Violence Against Women Survey (IVAWS) and the crime victimization surveys, include violence by a variety of perpetrators, including strangers, family members other than spouses, authority figures (e.g., teachers, police officers, religious leaders, doctors) and acquaintances. Thus researchers will be the key to help such victims.

Possible information source

There are a wide number of information sources available for research, which would help to achieve success. The researcher will use both primary as well as secondary source of information to accomplish the research successfully as a part of primary sources of information. The researcher will use a questionnaire to get real information and data for the research. It will be quite easy for the researcher to identify the impact of family violence. Apart from this, the researcher will also use secondary source of information through libraries, reports of commission and court and RTI office, NGOs social society and organisation. The internet will be used for collecting information according to subject of the research. Opinion polls will be held, for elaborating the theme of questions and testing the hypothesis of the study. Suitable journals, magazines, will also be studied to comprehend various facts of the problem pertaining to the research in question. With the help of secondary information the researcher will be able to develop theoretical knowledge regarding research problem. With the use of both primary and secondary sources of information it will be easy to attain the research successfully by accomplishing its aim and objectives.

Potential difficulty

In this research, the researcher will face a number of problems while attaining this research. These difficulties will not only affect the quality but also the potentiality of the research. Time limits is the most important problem that the researchers have to face. Since time, is limited, it will be difficult to access all possible sources of information. The perceptions of the respondents have also brought forth a challenge for researchers to collect relevant data regarding research.

Ethical consideration- A researcher must keep in mind a number of ethical considerations to accomplish this research successfully it is mandatory for the researcher to follow ethical norms and guidelines, while attaining this research, the researcher will have to maintain the confidentiality of information and data gathered for the research. Besides the researcher will insure no one's confidence is broken and that the victims report is never disclosed until the victim desires or if the court demands.

The safety of respondents and the research party is paramount and should infuse all project decisions.

- In this research it is necessary to be methodologically sound and to build upon current research experience about how to reduce the under-reporting of abuse.
- Protection should be confidential to ensure both women's safety and data quality and specialized trainers should be their helpers.
- The study must include a number of actions aimed at reducing any possible distress caused to the victim by the perpetrator.

Questions on violence should be incorporated into surveys designed for other purposes, only when ethical and methodological requirements can be met.

It is mandatory that valid and reliable source of information will only be used for collecting data for this research

Conclusion

It can be concluded that family violence plays an important role in improving the status of women in their homes and places of work. The study and examination of data relating to family violence reveals that a single cause was not the root of violence in all cases but several causes was observed in several cases. The study of immediate reaction to family violence discloses that around 26% of the respondents resisted, 25% fought back and had a feeling of helplessness, 14% developed hatred against the abusers and became revengeful. While 15% felt that nobody in the family cares for them and felt humiliated, and 11% felt ashamed.

If the mind set of men changes and if they start to acknowledge that women have equal rights and stop the demand for dowry and likewise women should be made aware that this demand is a crime and should report the matter to the authorities. Parents must give support and not indulge in this act. In the case of sexual abuse there should be zero tolerance. Any kind of cruelty should not be taken lightly and the matter must be dealt with by encouraging society to understand its dimensions and manifestations which play their part in stopping it. This research will help to increase awareness of nature of violence and its effects upon women and children and therefore will help them to protect themselves if in trouble. It will further reduce the impact of family violence in the range of print, film, video, internet etc.

This will inculcate healthy gender roles and raise the status of women to get an effective, integrated and co-ordinate response to situations of family violence in families and to ensure that quality services are available and accessible to all and to prevent perpetrators from reoffending .

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