



Spiritual Intelligence in School Going Children

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ABSTRACT

Spiritual intelligence is a self-awareness or realization. It is the knowledge of soul and to understand the spiritual qualities like peace, purity, love and bliss. Spiritual intelligence is related to the wisdom of human being that is connected beyond the ego and conscious mind of the people, which is helpful for creating new values and recognizes the present values with a wider perspective. It does not depend on culture. Spiritual intelligence is not related to "what", it is about "why" and what we do. Spiritual intelligence is the ability to acquire spiritual knowledge and uses it to solve the problems of our daily lives. It provides guidance by the inner self. spiritual intelligence is the soul of intelligence, with the help of which we know the wholeness of human life. Spiritual intelligence expands our capacity to understand others at the deepest level. Spiritual intelligence is a capacity who defined the meaning of life.

Keywords: Spiritual Intelligence, School, Children.

Introduction:

In the mid 1990 Daniel Goleman promoted the study of EQ and explained that EQ is pre requisite for the proper use of IQ. At the end of 20th century there is increase in evidences that there is a third Q that is SQ. Some philosophers, psychologist stated that spiritual intelligence parallels with IQ and EQ. SQ means thinking about the purpose of life. It is not related to any religion. It helps an individual to be able to live peacefully in own society. Spiritual intelligence is not related to "what", it is about "why" and what we do.

Spiritual intelligence is most important for successful and in-depth perception of life. It is central part of all the intelligence. It activates the ability of intuition, imagination, empathy and peace of mind. It is a real intelligence. It focuses on our beliefs and values. Spiritual intelligence is a higher level of intelligence that activates true qualities and abilities in the form of wisdom, honesty, joy, love, creativity, compassion and peace. Spiritual intelligence leads to a deeper understanding of meaning and purpose with an increase in life and work skills. Some great personalities in whom spiritual intelligence was found are Mahatma Gandhi, Mother Teresa and Nelson Mandela.

Spiritual intelligence is the ability to behave with wisdom and compassion while maintaining internal and external peace, regardless of the situation. It is the foundation for effecting functioning of both IQ

and EQ. Spiritual intelligence is the expression of innate spiritual qualities through action and attitude. Spiritual intelligence expands our capacity to understand others at the deepest level. Spiritual intelligence is a capacity who defined the meaning of life. In the 20th century Alfred Binet described intelligence as a cognitive ability. In recent decades other domain such as artificial intelligence, existence intelligence and spiritual intelligence used for describing the concept of intelligence.

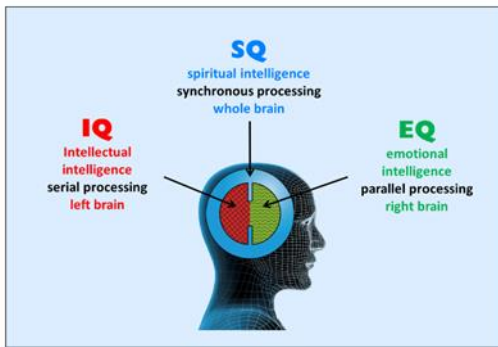
Intelligence:

One of the most important single variable which affect schooling, is intelligence, Intelligence is the ability to acquire and apply knowledge. Success in school and colleges and in ones own profession, social adjustment, profession of general information etc. are all associated with the concept of “intelligence”. The word intelligence is derived from the latin word intellegere which means understanding.

Intelligence is defined as mental capability that involves ability to reason, to plan, to solve problems, to think abstractly, to comprehend complex ideas, to learn quickly and to learn from experience. It is not merely look learning, a narrow academic skill or test taking smartness.

In simple words, intelligence is nothing but thinking skills and the ability to adapt to and to learn from life’s everyday experiences.

Types of Intelligence:



Intellectual intelligence (IQ) – What I think

Emotional Intelligence (EQ) – What I feel

Spiritual Intelligence (SQ) – What I am

Spiritual Intelligence:

Spiritual Intelligence combines spirituality and intelligence structures in a new structure. Whereas spirituality is associated with searching and experiencing sacred elements, peaked intelligence, excellence and essence. Spiritual intelligence requires capabilities which use such spiritual issues in order to making compliance and effective action and producing high-value products and outcomes. Generally the development of spiritual intelligence structure can be considered as using the capacities and spiritual resources in practical situation. It seems that any discussion of spiritual intelligence will be incomplete without understanding the broad range of spiritual experiences. Unlike the logical intelligence which computers are have it and unlike emotional intelligence which Primate have it, the spiritual intelligence is dedicated to human which is the most basic and most important kind of intelligence.

The Principles of Spiritual Intelligence

Spiritual intelligence is about the relationship with the Creator of the universe. This kind of intelligence as ability to understand the principles of life (spiritual and natural rules) and building life based on these rules. The principles for spiritual intelligence are :

1. Recognizing and affirming the spiritual intelligence. It means a belief that we are spiritual beings and physical life (in this world) is temporary.
2. Recognition and belief in higher spiritual beings (it means God).
3. If there is a creator and we are creatures, there should be a guide.
4. The need of detecting the goal of life (something which calls human) and accepting the fact that some skills are genetically encoded.
5. Knowing our position unto God (personality is the reflection of our understanding of God).
6. Understanding the principles of life and recognizing this issue that having a successful life requires building lifestyle and decisions according to these principles.

Methods of Improving spiritual intelligence among students:

1. Organise prayers in Schools.
2. Organise special talks in the prayer session
3. Display moral text / images in display board
4. Organise cultural activities in schools.
5. Organise healthy competitions among students.
6. Organise fairs and exhibitions in schools
7. Organise field trips and excursions in schools
8. Organise guidance and counselling activities in schools
9. Motivate the students to involve actively in the club / cells organised in schools.
10. Motivate the students to involve in social useful activities like Scouts, Guides, NCC, NSS etc..

Components of spiritual intelligence

Through the activities listed above studnets may develop these following components of spiritual intelligence:

1. **Self-awareness:** knowing what I believe in and value, and what deeply motivate me.
2. **Spontaneity:** living in and being responsive to the moment.
3. **Being vision-and value- led:** action from principle and deep beliefs and living accordingly.
4. **Holism:** seeing larger patterns, relationships, connections; having a sense of belonging.
5. **Compassion:** having the quality of feeling with and deep empathy.
6. **Celebration of diversity:** valuing of other people for their differences not despite them.
7. **Field independence:** Standing against the crowd and having ones convictions
8. **Humility:** having the sense of being a player in a larger drama of once true place in the world.
9. **Tendency to ask fundamental “Why” Questions:** needing to understand things and get to the bottom of them
10. **Ability to reframe:** standing back from a situation or problem and seeing the bigger picture or wider context.
11. **Positive use of adversity:** learning and growing from mistakes, setbacks and suffering.

12. **Sense of vocation:** feeling called upon to serve, to something back.

Conclusion:

Spiritual intelligence is the ability to know the self realization, know the people, and know the real situations and to choose the correct technique to achieve the desired objectives. Without spiritual intelligence People lack of wider perspective of self. Intellectual quotient is rational and logical thinking however emotional intelligence develops managing our emotions according to circumstances. Third type is spiritual intelligence which develops creative thinking, insight, rule making and breaking thinking in human being. Spiritual intelligence is a bridge between our inner and outer world. Spiritual intelligence is the thinking process with our spirit, vision, hope and value.

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